

In 2023/24

We supported

693

women, children & young people

573

of them contacted us for the first time this year

40

refuge requests

150

domestic abuse alarms

23 women and 24 children lived in our refuges

4 women and 2 children were rehoused

We provided 871 support sessions to women children & young people in refuge

"I couldn't have done this without you guys - thank you so much"

www.eastayrshirewomensaid.org.uk

"I don't know how you did it but I think I can leave. I will be ok on my own."

We provided **6,138** individual and group support sessions to women through our Outreach and Wellbeing services and through Kilmarnock Women's Centre.



We provide advocacy support to women at the highest risk of harm
"You helped me fill in the grey between the black and white. I was overwhelmed with lawyer information, police and everything else and you gave me space to ask my questions"

Women's Wellbeing Support

Our Women's Wellbeing Support service offers individual and group support to deal with the impact of domestic abuse on women's mental health and wellbeing.

We provided **422** individual and group support sessions.

"The Own My Life course is powerful and thought provoking."

"After the yoga I felt present and in the moment - I felt relaxed and empowered"

Our Participation Group is made up of women who have used our service and whose knowledge and experience helps us improve. As well as contributing to our Strategic Plan, they worked with EAC on their gender based violence staff policy, created a new Wellbeing Hub at our Cumnock office and organised and hosted a launch event.

"I feel so grateful that I can now give back to the organisation through lived experience. I like to reflect on my experience as a positive and I can say I am so glad I experienced this because now I can help other women who are currently where I was at a point in time and also proof that it does get better"



We provided **172** individual, group and family support sessions to children and young people through our Children & Young People's service.



"That was the actual Santa from the North Pole and he came and read us a story!"



There were **12** meetings of the Ayrshire MARAC where agencies come together to support women at the highest risk of harm from domestic abuse.

EAWA provided advocacy support to **76** women referred to the East Ayrshire MARAC, explaining the process, feeding back from the meeting and ensuring that women's experiences and views are shared and understood.



We delivered **11** learning and development sessions to **173** participants from partner agencies on the East Ayrshire Violence Against Women Partnership.

"Thank you - that was next level"

"If Women's Aid was the first port of call, women's journey from abuse would be much easier"