

# In 2020/21

We supported

# 487

women, children & young people

# 449

of them contacted us for the first time this year

## 46

refuge requests

## 64

domestic abuse alarms

17 women and 21 children moved into our refuges

1 woman moved into another Women's Aid refuge

6 women and 7 children were rehoused in East Ayrshire

We provided **1,541** individual support sessions to women, children & young people in refuge

*'I had time to think about my life and where I want to go next'*

[www.eastayrshirewomensaid.org.uk](http://www.eastayrshirewomensaid.org.uk)

*'I know I made the changes myself but without your encouragement and support I don't know if I would have been able to'*

We provided **4,840** individual and group support sessions to women through our Office Based and Outreach services and Kilmarnock Women's Centre.



### Own My Life

A new online programme we launched this year where women can explore and understand better their experiences of domestic abuse.

*'I am not responsible for his behaviours and issues - he is. I don't need to sort him. I am so glad I got support as speaking about and understanding coercive control has made a big difference. It has taken time but I am feeling better and more in control of my life'*



**56** women at the highest risk of harm from domestic abuse were referred to the **Domestic Abuse Advocacy Service**

*'still in shock as I'm not used to being treated this good. I can't thank you enough for your kindness'*

**We supported women, children and young people throughout lockdown by phone, video calls and face to face. We provided families with mobile phones, tablets, wellbeing resources, food parcels and fuel payments.**

*'I don't know where I would have been if you were not there to offer comfort and encouragement through it all. I would have been lost.'*

We provided **1,378** individual, group and family support sessions to children and young people through our Children & Young People's Outreach service.



*'sometimes I am too emotional to talk to anyone but I can talk to you. You understand and don't tell me what I should be doing. It really helps me'*

*'You have been extremely helpful with A and the family - your contribution is critical, helpful, vital and irreplaceable'*

**Head Teacher**



The **Smile On Service** provided a safe space for women to access support for domestic abuse during lockdown.



We delivered **14** learning and development sessions to **139** participants on behalf of the East Ayrshire Violence Against Women Partnership.



We delivered **4** training sessions to **51** to support the implementation of routine enquiry of gender based violence.

*'it will influence my practice working with vulnerable women each day'*