

2018/19

368  
& 87



*'It's been a long road, but I almost feel like me again'*

We provided **3,028** individual and group support sessions to women through our Office Based and Outreach services and Kilmarnock Women's Centre.



We provided **886** individual, group and family support sessions to children and young people through our Children & Young People's Outreach service.



### HerStory

Our HerStory project supported women, children and young people to share their stories and help us all to understand the realities of living with and leaving domestic abuse.

*'The personal stories were all very powerful'*

**27 Feel Good!** sessions in the Women's Centre and refuge

*'Dad used to tell us things were our fault - if he was in a mood he would blame us. He would punch the walls and say we made him do it'*

The **Moving On** Group helps women to understand and recover from the impact of domestic abuse upon their lives

**'Talking through the different stages of grief and understanding how I felt - and that it was completely normal to feel that way'**

*'I've learned that it's not all just happened to me and in my family. It happens in other people's families too'*

**46**  
refuge requests

**44**  
domestic abuse alarms

**69**  
follow-on support sessions

The 'groundbreaking' **Domestic Abuse (Scotland) Act** came into force on April 1st, 2019. The new law finally criminalises coercive and controlling behaviour recognising that domestic abuse is about more than physical assault.

*'Watching my little girl blossom like this has been very emotional. I'm incredibly proud of how far she's come'* **Mum**

**32** women and **39** children moved into our refuges

**2** women moved back home with partner removed

**9** women and **12** children were rehoused in East Ayrshire



**40** women at the highest risk of harm from domestic abuse were referred to the **Domestic Abuse Advocacy Service**

*'I couldn't have done this without her'*

**In March we were delighted to be awarded platinum accreditation by Investors in People - the highest level possible achieved by only 6% of the IIP accredited companies in Scotland!**



We provided **1,153** individual support sessions to women in refuge and **189** to children and young people

We provided **45** group support sessions to women in refuge and **90** to children and young people

*How my life has changed:*



I am more able to get what I need for myself



I have more ways to keep myself safer



I understand more about how domestic abuse affects me



I know more about my options



We delivered **30** learning and development sessions to **873** participants on behalf of the East Ayrshire Violence Against Women Partnership.



We delivered **18** training sessions to **337** NHS staff and students to support the implementation of routine enquiry of gender based violence.

*'I'm now completely independent and much more aware of what I need. I am a better person for coming in here'*

**'All of society should be given the opportunity to attend events like these to continue to raise awareness'**